I. Orbital Geometry

Ball and virtual socket
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Horizontal movers
Vertical movers
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B. Muscle pairings
III. OCULOMOTOR BEHAVIOR
A. Hering's Law
B. Donders' Law
C. Listing's Law
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Muscle Efferents - Cranial Nerves III, IV, VI

## The Laws of ocular motility

Euler
Donders
Listing
Sherrington
Hooke
Hering

Center of Rotation:


## Ball and virtual socket

Describe eye rotation about 3 independent axes (X,Y, Z)
Three degrees of Freedom


Horizontal (Z) , Vertical (X) and Cyclotorsion (Y)

Euler's rule: There are an infinite number of axes of rotation that can change gaze from one direction to another, however each axis produces a unique torsion. (demo with tennis ball)

Donder's law states that the torsion of the eye in any direction of gaze is independent of the the sequence of horizontal and vertical rotations used to reached that gaze direction.

Implication: This means that there is only one axis of rotation that can describe eye orientation in a given direction of gaze.

Listing's law predicts the amount of torsion in any direction. Its as though the eye rotated from primary position about an axis that was constrained to lie in the fronto-parallel plane (Listing's plane)

All axes of rotation that rotate the eye from primary position lie in a single plane (Listing's Plane)


Listing's demonstration animation

Listing's law simplifies eye rotations. It reduces degrees of freedom from 3 to 2 by constraining all axes of rotation from primary position to lie in a single plane.

This means that only one axis of rotation is used to describe a particular direction of gaze and that axis must lie in Listing's plane.

Then, following Euler's rule, we only need to control horizonal and vertical components of gaze direction. Torsion about the line of sight will be determined automatically by the axis of rotation.

## Play the Listing's law demonstration program from Germany

Agonist and antagonist pairs work with push-pull (opponent) actions.

Sherrington's law of reciprocal innervation:
Increased innervation to the agonist is associated with decreased innervation of the antagonist.

Sherrington's law of reciprocal innervation.



Muscle innervation increases the spring constant (K) or muscle stiffness. This increases the restoring force applied to the eye and antagonist muscle.

Hooke's Law: Force exerted by a spring equals the product of its length ( $L$ ) and springstiffness constant (K) or elasticity.

F $=\mathbf{L} \times K$
Innervation increases the spring stiffness and force of the agonist against the antagonist.

The length of the antagonist increases when stretched by the agonist until their forces become equal.

Force exerted by the agonist and antagonist is smallest in primary position.



## Neural implementation of Sherrington's law. <br> LLR <br> 



Position-rate firing curve. Two ways to increase innervation \& force 1) recruitment
2) increased firing rate



Eye velocity $\frac{\mathrm{dE}}{\mathrm{dt}}\left(\frac{\mathrm{deg}}{\mathrm{sec}}\right)$

## Hering's Law:Figurative definition.

## There is equal innervation of yoked muscle pairs.

"one and the same impulse of will directs both eyes simultaneously as one can direct a pair of hoses with single reins."

Literally, the yoked muscles receive different innervation, but they rotate the two eyes the by same amount.

## Terms:

Version and Vergence are two separate forms of control.
Version AKA Yoked
Yoked muscle pairs in the two eyes move them in the same direction. e.g. LLR \& RMR

Agonist muscles move the eye in the desired direction. e.g. LLR \& RMR for leftward eye rotation

Antagonist muscles oppose the action of agonist muscles in the same eye. e.g. LMR and RLR oppose leftward eye rotation

Agonist and antagonist muscle pairs in one eye share a common plane.
Adduction- Nasal-ward (inward) eye rotation
Abduction- Temporal-ward (outward) eye rotation

Mechanics: Plant structure \& organization
Muscles, origins \& insertions determine actions

Anatomical origins and insertions of six extra-ocular muscles


Primary, Secondary, and Tertiary Actions of the Extraocular Muscles from the Primary Position

| Muscle | Primary Action | Secondary Action | Tertiary Action |
| :--- | :--- | :--- | :---: |
| Medial rectus | Adduction. | - | - |
| Lateral rectus | Abduction | - | - |
| Inferior rectus | Depression | Excycloduction | Adduction |
| Superior rectus | Elevation | Incycloduction | Adduction. |
| Inferior oblique | Excycloduction | Elevation | Abduction |
| Superior oblique | Incycloduction | Depression | Abduction |

Benzene ring notation for primary and secondary muscle actions:


Three Muscle Planes predict actions of agonist-antagonist muscle pairs in different directions of gaze $A$


## Muscle planes are parallel to the canal planes to simplify the neural control of the VOR.

Visualize how contraction of a muscle in one of the three muscle planes would change the orientation of the line of sight.
A Right superior rectus
B Right superior oblique


Muscle actions of the right-eye superior oblique and superior rectus during adduction and abduction.


SR intorts SO depresses


SR elevates

## Field of Action-

The horizontal direction of gaze (adduction or abduction) where the action of an EOM is pure elevation or depression.
i.e. Horizontal field of vertical action.

## Horizontal fields (Add vs Abd) of vertical action for the obliques and vertical recti.



## fMRI movie of IR activity

Muscle pulleys simplify the control of eye movements by moving the axis of muscle rotation with the eyes and this automatically produces Listing's predicted torsion. Vertical recti always move the eye vertically, even in strong abduction.

Surgical evidence: The expected benefits of the surgical treatment of LR palsy, by temporal translation of the insertion points of the two vertical recti (to produce temporal slide slip), is reduced by the Pulleys (D Robinson).

## Brain stem sites of cranial nerves- Final Common Pathyay



Oculomotor nucleus III innervates MR, IR, SR, IO


## EOM action demo web site http://cim.ucdavis.edu/eyes/version15/eyesim.html Evaluation of non-concomitant Paresis or Paralysis



Anomalies of The Final Common Pathway-
Brain-stem motor nuclei of the cranial nerves (III, IV and VI).
Muscles and cranial nerves: $\mathrm{LR}_{6} \mathrm{SO}_{4}$ All else controlled by III
Paresis: Partial loss of muscle function
Paralysis - Complete loss of muscle function
Palsy- Restricted movement in a given direction (premotor anomaly)
Lesions of cranial nerves cause paralysis and paresis
III- Ophthalmoplegia
IV- Trochlear Palsy (most commonly seen in optometry)
VI- Abducens or LR Palsy (longest course, most prone to injury)

## Diagnostic Positions of Gaze based on Horizontal Fields of Vertical Action



FIG. 1.5 The nine diagnostic positions of gaze. $S R$, superior rectus: $I O$, inferior oblique; $L R$, lateral rectus; $M R$, medial rectus; $I R$, inferior rectus; and SO, superior oblique.


## Parks 3 Step Test: SO palsy

Right or left eye Hypertropia?


Worse on left or right gaze?


Worse with head Tilt left or right?


## The Maddox Rod Test

## A addox Rod (vertical streak with horizontal rods).

## Patient estimates horizontal separation between light spot and vertical streak

## Patient 'estimates vertical separation between light



Patient fixates the right eye red horizontal streak \& notes vertical separation from left eye white spot.


Patients left

## The Red Lens Test



## Patient indicates the separation between the fixated

 white spot and the red spot seen by the deviating eye.


C.


$$
\begin{array}{l|l|l}
8 & 0 & 0 \\
\hline 0 & 0 & 0 \\
0 & 0 & \\
\hline 0 & 0 & 0 \\
0 & 0 &
\end{array}
$$

IR Palsy
D.


SR Palsy


Angle Kappa (Lambda) used in the Hirschberg test for eye alignment.

## Angle Kappa (Lambda)- corneal light reflex estimate of eye position. (Hirschberg test)



## Visual Angles





Clinically angle Lambda is called angle Kappa.


Method of measurement of the angle lambda.

## Cranial Nerve III Unilat CT, Alt XT

## Cranial Nerve III- Alt CT, Alt XT

## Trochlear Palsy, L hyper

## ■

Abducens Palsy, RLR paralysis

## =

## Duanes Retraction Syndrome

## =

False Assumption: Muscle plane analysis assumes origin of muscles is at the back of the Orbit (annulus of Zinn). This predicts the that muscles don't move in the orbit (muscle slide slip) as suggested in the muscle plane illustration.

New Discovery: The real functional origin of the muscle is near the equator of the eye, at the muscle pulley. This origin causes the muscle to rotate with the eye and reduces the amount of slide slip.


Axis of rotation stays nearly fixed and muscle side-slips across the orbit.

Axis of rotation moves with the eye and the muscle doesn't side-slip across the orbit.

## Muscle Pulleys- see page 791, chapter 34, Adler's

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The Diagnosis of Disorders of Eye Movements


Figure 9-1. Schematic representation of orbital connective tissues. IR, inferior rectus; LPS, levator palpebrae superioris; LR, lateral rectus; M, medial rectus; SO, superior oblique; SR, superior rectus; tndn: tendon. The three coronal views correspond to the levels indicated by arrows in the horizontal section. In the horizontal section, note the attachment of the globe to the orbit by the anterior part of Tenon's capsule (collagen and elastin) through which the extraocular muscles pass in sleeves, which serve as pulleys. (Courtesy of Joel M. Miller and Joseph L. Demer.)

## Geometry of Orbits and Muscle Planes






## Brain stem sites of cranial nerves- Final Common Pathway





